Positive Results for Parents/Caregivers:
• Increased monitoring of youth while providing consistent support
• Stronger racial pride
• Increased communication about sex
• Clearer expectations for alcohol and drug use

Positive Results for Youth:
• Increased awareness of and focus on future goals
• Increased skills for resisting peer pressure
• Increased negative attitudes about drug use and sexual involvement
• Increased acceptance of parental influence
• Postponement of sexual involvement

TRAINING FOR SAAF: Contact us to get additional information about training opportunities. We look forward to working with your agency.

www.cfr.uga.edu
phone: 1-888-542-3068  •  email: cfruga@uga.edu
SAAF Program Summary:
A 7-week program for youth and parents/caregivers designed to:
- Strengthen parents/caregivers’ ability to:
  - Find a balance between firm parenting and showing love
  - Support youth goals and promote independence
- Help youth to:
  - Develop healthy goals for the future
  - Understand their positive qualities
  - Resist temptation and peer pressure related to risky behaviors
- Build family strengths for supporting youth goals
- Enhance family’s racial pride
- Strengthen family communication and support

Special Features:
- Culturally sensitive program
- Addresses developmentally appropriate goals for parents/caregivers and youth
- Program approach based on 12 years of research with African American families
- Scientifically evaluated and shown to be effective
- Integrates videos reflecting positive African American peer and family interactions
- Highly interactive to engage participants
- Easy-to-use teaching materials

To advance the well-being of African American families by strengthening family relationships, parenting processes and youth competencies.

SAAF Mission Statement:

Host Agencies May Include:
- Schools
- Churches
- Family agencies
- Any community group working with youth and families

Participants May Include:
- Families with youth ages 10–14 years
- Single-parent homes
- Two-parent homes
- Foster families
- Families with grandparents as caregivers
- Multiracial families
- Blended families

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<th>Family Topics</th>
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<td>1) Goals for the Future</td>
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<td>3) Everyday Parenting</td>
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